

Trust VBS is coming up July 13-17, so let's review some **2019 VBS songs!**

Prov 3:5-6 Trust in the Lord with all your heart and do not lean on your own understanding. In all your ways acknowledge him and he will make straight your paths.

Optional discussion questions/conversation starters:

- New Testament or Old Testament? Who wrote most of the proverbs? (King Solomon, around 1000 BC)
- What does it mean to “trust”?
- How do we “trust in the Lord”?
- What is the difference between “trusting” and “trusting with all our heart”?
- How do we “lean on our own understanding”?
- Does this mean we don't need to study and learn? (Nope! We gain knowledge and wisdom by studying and learning which helps us make wise decisions. We read the Bible to learn what wisdom is – which decisions are wise and which are foolish. God knows the best way to live! How foolish is it for us to not want to learn from the Almighty God who created everything and knows everything, or to ignore his teachings about life?!)
- How do we “acknowledge” God?
- How do we “acknowledge him in all our ways”?
- What does it mean that God will “make our paths straight”? What does it look like if our paths are crooked?
- Can you share a time when you did not lean on God and things did not end up well? (Parents can start this to get it going. An easy example is one in which we didn't ask God about a decent-sized decision but jumped ahead to what we thought was best, only to learn by the results that things didn't turn out well because of the choice we made and

how easy it would have been to ask God about it first and make the decision He knew was best.)

- Ask each person to share something for which they would like prayed. Close in prayer (can be led by one person or each person can pray), specifically including everyone's prayer requests, and asking for God's help to trust in the Lord with all our hearts, to not lean on our own understanding, and to help us acknowledge him. Thank God for plainly telling us how to live and for wanting to make our paths straight!
- Finish by singing the song again!

Optional activity during the week: Trust Trail

by Dana Twichell (and all the past activities too!)

You will need:

- A bunch of the same object: a ball of yarn, painter's tape, playing cards, clean socks – be creative!
- A little treasure like your favorite stuffed animal or book, a drawing or kind note that you make, a little treat, or something you think is beautiful or interesting like a flower or a rock.

1. Pick something (above) to make a long line on the ground to create a trail through the house.
2. Choose a place to start and make a trail through rooms and around furniture. If you are using objects like cards or socks, put 1 about every 3 steps. For the first half, you can make the trail zigzag or spiral or wind around things.
3. For the second half try to use straight lines to finish your trail. Put your treasure or treat at the end of your trail.
4. Ask someone in your family to walk on your trail from the start place to the end place. How did they do? Did they know you had a treasure waiting at the end of the path? Did they stay on the path? Was it hard for them on the crooked (not straight) parts? Did it get easier on the straight parts? What did they think about the surprise you had waiting at the end? Did they trust you to walk on the path you made for them?

This is a lot like our relationship with God! He wants us to TRUST him completely (all our heart) with where we are going and how we get there (with straightened paths). We do that by accepting His love and direction in EVERY part of our lives and not by trying to figure out on our own. How amazing is God that he cares about EVERY step we take and has prepared not just treasure for us but a PATH to it through his son Jesus!!!

Previous Weeks' Lessons:

[May 31, 2020 - Young](#)

[May 24, 2020 – Word of God](#)

[May 17, 2020 – More Than Conquerors](#)

[May 10, 2020 – The Light of the World](#)

[May 3, 2020 – The Good Song](#)

[April 26, 2020 – The Word of the Lord](#)

[April 19, 2020 – Never Be Shaken](#)

[April 12, 2020 – Jesus Christ is Lord](#)

[April 5, 2020 – Out of the Mud](#)

[March 29, 2020 - Treasure](#)

[March 22, 2020 – Do Not Be Anxious](#)