

Hello FBC Families! (I miss you and your children so very much!!)

I want to continue to come alongside your family as you work to raise your children as enthusiastic followers of Christ. I'm hoping to assist you with your at-home children's portion of your Sunday morning family church service. This can last as little as 5 minutes or as long as desired, includes your whole family, and incorporates Bible verses, singing, a video, discussion, and prayer.

The Bible passages I'm including are song verses that I have taught during our weekly FBC 3rd Service Kids Church. Many of your children will be familiar with these verses. These songs and videos are created by Seeds Family Worship who has graciously granted temporary permission to post them on our social media sites. (I've recommended Seeds Family Worship before as an excellent resource for our families. They offer free devotionals which also include their songs. Check them out!)

I will provide one song/Bible passage per week in the order in which I taught them at church, beginning two years ago in March 2018 and ending March 8th 2020.

What to do:

Pray, read the passage aloud, and then play the video. (If your kids know the song, have them teach it to you!) Confidently do the hand motions with your kids. (Lead by example! Don't be too cool to do it. 😊) Discuss the verses with your kids, using the discussion questions as prompts as desired. (Select the questions you'd like to use and modify the questions and teachings based upon the age of your children.) If you'd like to go deeper, consider reading aloud the entire passage around the verses and continuing your discussion. Close in prayer.

If you'd like to continue throughout the week, watch and sing with the video and keep asking questions about the verses. I will keep all previous weeks' videos on our webpage so you and your children can view them anytime. Reviewing is key to learning!

At-Home FBC Family Kids Church, March 22

This week's verses are soooooo fitting for this current season of our lives! It's the first song I taught the kids two years ago, so since I'm providing these in order, it's first on this list. (How cool is that?!)

Do Not Be Anxious (taught in March 2018 and also one of our 2019 VBS songs)

Philippians 4:6-7 Do not be anxious about anything. But in everything, through prayer and petition, with thanksgiving, present your requests to God. And the peace of God which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Optional discussion questions/conversation starters:

- What does it mean to be anxious? Is God telling us that we cannot be worried about things? Is it wrong to be worried or scared? (No, Paul is telling us that when we are worried or scared that we can pray to God about the situation and that God will provide us with a peace we could never have on our own.)
- Is there anything you're currently worried about? (If they say "no," ask if they remember ever being worried about something. Ask if they prayed about it, what happened with it, etc.)
- What does it mean to have "the peace of God"? What does "which transcends all understanding" mean?
- What does it mean that God will "guard our hearts and our minds in Christ Jesus"?
- Older kids: Who wrote these verses? (Paul.) Who is Paul? To whom did he write the letter? Why do you think he told them this? (They were experiencing persecution for their faith.) Where was Paul when he wrote this letter to the Philippians? (In prison.)
- Ask each person to share something they are currently worried about. Close in prayer, specifically including everyone's "worries"/prayer requests, and ask God to bless all of you with His supernatural peace "which transcends all understanding."
- Parents: since these verses are exceptionally applicable right now, take time to meditate on them this week. Give all your anxieties to God (articulate each one to Him and when you take them back, give them to Him again!), ask God for assistance, thank Him for all He's given you, and receive His miraculous peace! Continue to lift your concerns to Him as frequently as needed so your heart and mind will be focused on Jesus, receiving His supernatural peace.