

NORTH WHIDBEY COMMUNITY RESOURCES

● **FOOD &/or FREE MEALS**

- **Daily @ 12:15-1:15 SPIN CAFE “Sack Meals” @ Hal Ramaley Memorial Park, 526 SE Bayshore Drive, Oak Harbor, WA**, Park across from ball parks closed for COVID (provided by various churches). Please see under **“OTHER”** for other SPIN services
- **Mon: 4:30 to 6 p.m., “Agape Meal To Go” @ St Augustine’s Catholic Church, 185 N Oak Harbor St.**
- **North Whidbey Help House**, Food Bank 1091 SE Hathaway St., 360-675-0681, **Monday, October 5, 2020**, our hours will be: Mon, Wed, Thur & Fri 9am-4pm; Tues 9am-5pm.
- **Ryan’s House**: 19777 SR 20 Coupeville, 3 meals daily, ages 12-24 year ONLY, 360-331-4575

● **HOUSING**

- **SHELTER – The HAVEN**, Open nightly! **NO DROP INS** Check in 6:00 – 6:15 PM @ Grace by the Sea, 540 SE Pioneer. Transportation provided to shelter,
- **SHELTER – Ryan’s House, emergency & transitional Housing for ages 18-24 yrs**
- **COORDINATED ENTRY FOR HOUSING: Island County Housing Support Center**, 105 NW 1st St, Coupeville, 360-678-8284, **Assistance for families or individuals at risk or already homeless. “Temporary CARES Housing Support Program.”** NO WALK INS-call 360-678-8298 for assistance

● **INTENSIVE SUPPORT SERVICES**

- **Opportunity Council**: 231 SE Barrington Dr Suite 100, 360-679-6577, Information and Referral, Energy assistance, EBT card application assistance, etc. **Supportive Services for Veterans Families (SSVF) Program** for low income Veterans, who are homeless and/or in need of housing support; includes intensive case management, ext 2136.
- **Mighty to Save Ministries**: – Assist young adults wanting to transition from addiction to sobriety. Call/text 360-929-2959
- **Victims Support Services**: Hotline 1-888-288-9221 Oak Harbor office 360-682-6744.
- **CADA**, 360-675-2232, 1-800-215-5669, Island County domestic violence and sexual assault agency. FREE confidential help for victims of domestic, dating violence, rape, child sexual abuse and harassment.
- **Work Source**: 265 NE Kettle St #102, 360-675-5966, 0computers, internet, personal assistance with employment specialists, food stamps and medical enrollment, enrollment advisors for workfirst/bfet, and representative for disabled vets, plus more
- **Ryan’s House for Youth**: 19777 SR 20 Coupeville, 360-331-4575, www.ryanshouseforyouth.org Ages 12 – 24, Mon – Fri 7am -7 pm. Showers, laundry facilities, clothing, toiletry kits, meals served all day, case management, housing programs(including host homes, mediation services, support groups, tutoring, counseling and more.
- **Sea Mar Behavioral Health Services**: 3164 WA 20 #1, 360-679-7676. Behavioral health services
- **Island County Veterans Assistant Services**: 105 NW 1st St. Coupeville, 360-678-7805, If eligible, for Veterans/families, emergency assistance for food vouchers
- **Community Behavioral Health, Sunrise Services Inc**: 530NE Midway, Oak Harbor, 360-544-3800 101 NE Birch St, Coupeville, 360-544-3888 mental health recovery services.
- **COMPASS Health, Oak Harbor**: 230 SE Cabot Dr. #3, 360-682-4100, Children Intensive Services. **Coupeville**, NW 1st St., 360-678-5555. (Child & Adult Outpatient).

● **OTHER:**

- **Ryan's House for Youth Oak Harbor:** 35 SE Ely St, 360-682-5098, Hours: Mon-Fri 2pm-8pm. School age youth 12 and up. Case management, referrals to community service providers, mediation, snacks/meals, computer homework/job search and art area/gaming stations.
 - **SPIN Services:**
 - **LAUNDRY**-sign up with Laurel @ Hal Ramaley Memorial Park , to do laundry, Thurs 6:30 am-8am @ Dutch Maid Laundry
 - **SHOWERS-Haven** guests can sign up to arrange for showers. If **NOT** Haven guest call, 360-678-2348. Shower times, Tuesday AM & PM , Friday AM
 - **NORTH WHIDBEY MEDICAL HELP** - (FORMERLY MEDICAL SAFETY NET @ **North Whidbey Help House**, 1091 SE Hathaway St, 360-675-0681. **Monday, October 5, 2020**, our hours will be: Mon, Wed, Thur & Fri 9am-4pm; Tues 9am-5pm. Intake **MUST** be completed (can do via phone) Prescriptions, medical equipment, copays, etc. payment directly to provider.
 - **Oak Harbor LIONS Club**-Glasses, hearing aids and medical equipment. 360-499-6476
- **THRIFT STORES/CLOTHING:**
- **Island Thrift**, 600 SE Barrington & **WAIF Thrift Store**, 50 Midway Ave, Oak Harbor. Need voucher or call from DSHS or Readiness to Learn
 - **Pregnancy Care Center**, Oak Harbor, 670 SE Midway Blvd, 360-675-2096 FREE diapers, formula, baby food, & baby/maternity clothing.
 - **Garage of Blessings**: closed due to COVID19

NORTH WHIDBEY CHURCH ASSISTANCE: **Because of Covid precautions, there may be no one in the office to take your call or volunteer available for an appointment.** *Limited funds available on a case by case basis.-varied other types of assistance for people living on North Whidbey. An appointment and/or interview, proper ID, and paper work **may** be required before your request can be evaluated. Please call church number for specific instructions regarding possible assistance. A church's ability to help may change at any time during the year..* **Not all North Whidbey churches have chosen to include their names on this list.**

Church of the Nazarene, 1100 W Whidbey Ave., 360-675-0705,

Concordia Lutheran, 590 N Oak Harbor St., 360-675-2548, Call to make an appointment for the 2nd or 4th Wednesdays from 9:30 -11:00. No drop-ins.

First Reformed Church, (Health & Mercy Ministries) 250 SW 3rd Ave., 360-675-4837, Call re interview process.

First United Methodist Church, (Good SAM), 1050 SE Ireland, 360-675-2441, appointments only, Mom-Thurs

Grace by the Sea, 540 SE Pioneer Way, 360-679-3431

Living Word Fellowship, 490 NW Crosby Ave., 360-675-5008, Calls or drop Thursday 9-4

Life Church 1767 NE Regatta Dr., 360-679-3158,. Financial Request Form on website..

Oak Harbor Lutheran, 1253 N E 2nd Ave. 360-679-1561. Please call ahead for an appointment.

St. Augustine Catholic Church, 185 N Oak Harbor St., 360-675-2303 Call regarding availability.

St Mary's "Works of Mercy" Coupeville, 360-678-6536,

San de Fuca Chapel, St Rt. 20 near Penn Cove, 360-678-6538

Seventh Day Adventist Church, 31830 State Route 20, 360-675-4412, Call for an appointment.

For a **comprehensive list of community resources in Island County**, Please call 2-1-1 for information and referral services. **Family Resource Guide** , LAST PRINTED 2019. Remains good information.

Updated

9/18/2020

For information about or checking regarding inclusion on this list, please contact joann@frcbh.org