

## NORTH WHIDBEY COMMUNITY RESOURCES

### ● **FOOD &/or Free Meals**

- **Mon:** 4:30 to 6 p.m., “Agape Meal” @ **St Augustine’s Catholic Church**, 185 N Oak Harbor St.
- **Tues:** 4 to 6 p.m. - **St Stephen’s Episcopal Church**, 555 Regatta Dr.  
5 to 6 p.m., “Nourishing our Neighbors” @ **First Reformed Church**, 250 SW 3<sup>rd</sup> St.
- **Wed:** 4 to 6 p.m. – **St Stephen’s Episcopal Church**, 555 Regatta Dr.
- **Thurs:** 4 to 6 p.m. - **Church on the Rock**, 1780 SE 4<sup>th</sup> Ave, (faces Regatta)
- **Ryan’s House-** 3 meals daily, ages 12-24 year ONLY, 19777 SR 20 Coupeville, 360-331-4575
- **North Whidbey Help House**, Food Bank 1091 SE Hathaway St., 360-675-0681
  - Mon, Wed, Thur. & Fri. 8:00 am - 12:00 pm & 1:00 pm to 4:00 pm & Tues 8:00 am - 12:00 pm & 1:00 to 5:00 pm.
- SPIN & Haven guests: Please make arrangements to eat early, to have time to walk back to Grace by the Sea to check in to The Haven. Guests will be notified when other transportation arrangements are available

### ● **HOUSING**

- **SHELTER – The HAVEN Open nightly! NO DROP INS**
  - **Check in 6:00 – 6:15 PM @ Grace by the Sea, 540 SE Pioneer. Transportation provided to shelter.**
- **SHELTER – Ryan’s House, emergency & transitional Housing for ages 18-24 yrs**
- **Coordinated Entry for Housing: Island County Housing Support Center**, 105 NW 1<sup>st</sup> St, Coupeville, 360-678-8284, assistance for families or individuals at risk or already homeless.
  - **Walk In Hours Mon thru Fri 9a.m. 4p.m.**

### ● **INTENSIVE SUPPORT SERVICES**

- **Opportunity Council**, 1791 NE 1<sup>st</sup> Ave., 360-679-6577, Information and Referral, Energy assistance, EBT card application assistance, etc. Also delivers **Supportive Services for Veterans Families (SSVF) Program** for low income Veterans, who are homeless and/or in need of housing support; includes intensive case management, 360-679-6577 ext 2136.
- **Mighty to Save Ministries** – Assist young adults wanting to transition from addiction to sobriety. Call/text 360-929-2959
- **Victims Support Services:** Hotline 1-888-288-9221 Oak Harbor office 360-682-6744.
- **CADA**, 360-675-2232, 1-800-215-5669, Island County domestic violence and sexual assault agency. FREE confidential help for victims of domestic, dating violence, rape, child sexual abuse and harassment.
- **Work Source**, 265 NE Kettle St #102, 360-675-5966, 0computers, internet, personal assistance with employment specialists, food stamps and medical enrollment, enrollment advisors for workfirst/bfet, and representative for disabled vets, plus more
- **Ryan’s House for Youth**, 19777 SR 20 Coupeville, 360-331-4575, [www.ryanshouseforyouth.org](http://www.ryanshouseforyouth.org)  
Ages 12 – 24, Mon – Fri 7am -7 pm. Showers, laundry facilities, clothing, toiletry kits, meals served all day, case management, housing programs(including host homes, mediation services, support groups, tutoring, counseling and more.
- **Sea Mar Behavioral Health Services**, 3164 WA 20 #1, 360-679-7676. Behavioral health services
- **Island County Veterans Assistant Services**, 105 NW 1<sup>st</sup> St. Coupeville, 360-678-7805, If eligible, for Veterans/families, emergency assistance for food vouchers
- **COMPASS Health, Oak Harbor** 230 SE Cabot Dr. #3, 360-682-4100, Children Intensive Services. **Coupeville**, NW 1<sup>st</sup> St., 360-678-5555. (Child & Adult Outpatient).
- **Sunrise Services Inc. Behavioral Health**, 530 NE Midway, Oak Harbor. 360-720-2946, mental health recovery services

- **EMERGENCY DENTAL & PRESCRIPTION ASSISTANCE: Medical Safety Net of North Whidbey**, 360-929-3328, Residents in zip codes 98277 and 98278
- **OTHER**
  - **Oak Harbor LIONS Club**-Glasses, hearing aids and medical equipment. 859-982-7787
- **THRIFT STORES/CLOTHING/Etc.:**
  - **Island Thrift**, 600 SE Barrington & **WAIF Thrift Store**, 50 Midway Ave, Oak Harbor
    - Need voucher or call from DSHS or Readiness to Learn
  - **Garage of Blessings**, 800 SE Barrington Dr., 360-679-1239, OPEN: Mon, Wed & Fri 11-4, Tues. & Thurs 5-7. Our mission is to assist those in need with no-cost tangible goods & support services. All FREE, clothing etc., also art, knitting & sewing activities on Tues & Wed
    - **Helping Hands**, Located within Garage of Blessings
      - Outreach ministry of Grace Community Church: 360-679-1678
      - 2nd & 4th Wednesdays from 2-3:45 each month
      - FREE toiletries, personal hygiene items and limited household products
  - **Pregnancy Care Center**, Oak Harbor, 670 SE Midway Blvd, 360-675-2096,
    - FREE diapers, formula, baby food, & baby/maternity clothing.
- **NORTH WHIDBEY CHURCH ASSISTANCE:** *Churches have **limited funds and varied other types of assistance for people living in Oak Harbor.** **Funds available on a case by case basis.** **A personal appointment and/or interview, proper ID, and paper work may be required before your request can be evaluated.** **Please call church number for specific instructions regarding an appointment.** **A church's ability to help may change at any time during the year, but changes may be made to this list only a couple times a year.** **Not all North Whidbey churches have chosen to include their names on this list.**
  - **Church of the Nazarene**, 1100 W Whidbey Ave., 360-675-0705,
  - **Concordia Lutheran**, 590 N Oak Harbor St., 360-675-2548, Call to make an appointment for the 2nd or 4th Wednesdays from 9:30 -11:00. No drop-ins.
  - **First Reformed Church**, (Health & Mercy Ministries) 250 SW 3rd Ave., 360-675-4837, Call for Wednesday morning interview appointment.
  - **First United Methodist Church**, (Good SAM), 1050 SE Ireland, 360-675-2441, appointments only.
  - **Grace by the Sea**, 540 SE Pioneer Way, 360-679-3431.
  - **Life Church**, 1767 NE Regatta Dr., 360-679-3158,. Please call church office for drop in hours.
  - **Living Word Fellowship**, 490 NW Crosby Ave., 360-675-5008, Calls or drop Thursday 9-4
  - **Oak Harbor Lutheran**, 1253 N E 2<sup>nd</sup> Ave. 360-679-1561. Please call ahead for an appointment.
  - **St. Augustine Catholic Church**, 185 N Oak Harbor St., 360-675-2303 Call regarding availability.
  - **St Mary's "Works of Mercy"** Coupeville, 360-678-6536, Drop in 1-3 on Wednesdays.
  - **San de Fuca Chapel**, St Rt. 20 near Penn Cove, 360-678-6538
  - **Seventh Day Adventist Church**, 31830 State Route 20, 360-675-4412, Call for an appointment.*

For a **comprehensive list of community resources in Island County**, Please call 2-1-1 for information and referral services. **Family Resource Guide** , LAST PRINTED 2019. **Not sure it is being updated and reprinted.**

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