



Guest Speaker:

Pamela Lau

**A brief introduction on the retreat and what to expect.**

### About Pamela

Pam lives in Newberg, Oregon with her husband, Dr. Brad Lau, a college administrator. They have three adult daughters. As a family, they enjoy tennis, water sports, and worshipping at Lake Grove Presbyterian Church.

Pam is the founder of Real Life Real Image, LLC where she serves as a writer, editor, and speaker. She's a frequent contributor to *Christianity Today's* Her.meneutics and other publications.

Pam is the author of *Soul Strength: Spiritual Courage for the Battles of Life* (Random House, 2003) and has finished her second book on the spiritual growth of women in the next generation, *A Friend in Me: How to Be a Safe Haven for Other Women* (David C. Cook, 2015). She is working on her third book.

Pam currently is a retreat and conference speaker for churches, schools and businesses.

# What it takes to Thrive



# Flourishing Faith





*Session One:  
Great Faith:  
The Anointing Woman*

In this session, Pam introduces three types of thriving faith: A Determined Faith, A Hospitable Faith, and A Servant's Faith. Told from the stories in Mark 14-16, Pam explains why faith pleases God through the dramatic example of the Anointing Woman. How might this woman's decisions from 2000 years ago inspire us to see where God is giving each of us a unique measure of faith?

*Session Two:  
Shipwrecked Faith:  
The Abandoning  
Disciples*

We all have times when faith isn't enough, yet, God's Word calls us to not shrink back! How do we know God is testing our faith? Or when is the enemy tempting us to fail? Through large group and individual exercises, we will take inventory of where we see ourselves on the continuum of faith. As we see life from the perspective of the Author of our faith, we thrive. With the Abandoning Disciples at the center of the story, Pam teaches us the secret to what Jesus calls great faith!

*Session Three:  
Jesus' Faith:  
The All-Consuming Fire of*

Based on Hebrews 11:1, Pam will take us on a journey down to the roots of our faith where conviction, trust, and confidence is placed in a Person -- a Person who is worthy of our steadfast love.

*Session Four:  
Flourishing Faith:  
Our Advocating Lord*

What does Jesus want from us as His Followers? Even the most committed of us can testify to the inner battle of voices clamoring for our attention – sometimes shouting other times whispering How can we discern His Voice among all the other needs and noises in our lives? With Jesus as our advocate, we can be confident He prays for what it takes for each one of us to thrive in our faith.

